



F. No.8-2/2020-Admn/NHEPRN
Government of Pakistan
Ministry of National Health Services, Regulations & Coordination
National Health Emergency Preparedness & Response Network
PM's National Health Complex (NIH Premises), Chak Shahzad

Islamabad the, 14th March, 2020

MOST IMMEDIATE OF STRICT COMPLIANCE

"CIRCULAR"

In the wake of Corona Virus being declared as "Pandemic" by World Health Organization (WHO) and multiple incidents in the city, all Officers & Officials irrespective of their designations are hereby directed to Strictly Observe the following preparedness, readiness and response actions and ensure that Officials under their restrictive Officers also comply the same.

1. No Hands Shakes.
2. Frequent Washing of Hands with Soap.
3. Avoid Close Contact
4. No get together
5. A minimum of 1 to 2 meters safe space / distance to be maintained between (02) individuals.
6. No public gathering.
7. Use hand Sanitizers frequently.
8. Drink plenty of water.
9. Avoid touching face, eyes, mouth & nose.
10. While sneezing / coughing cover your mouth with your bent elbow.
11. In case of cough breathing difficulty, fever or flu avoid attending officers and consult your doctor immediately.
12. Observe the same precautions while in office, in transport and at your home.
13. Guide your family members as well to observe similar precautions.

This issue with the approval of Director General, NHEPRN.


(Anwar Ahmed Khan)
Admn/HR Officer
Ph# 051-9255730

NOTE:

Not Everyone Needs to have Coronavirus tests.